



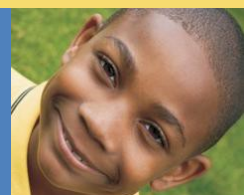
Practice Philosophy



Child Counseling Practice



Is your child...



Mission

We exist to provide outpatient treatment for children, adolescents, and families that is developmentally appropriate, relationally based, and clinically excellent.

Philosophy

Safe Harbor counselors operate with sensitivity and compassionate understanding regarding the vulnerability of your child. We diligently aim to gain the trust of children through creative relationship building.

Child Focus

Our counselors are trained to specifically focus on the unique needs of children and adolescents in order to help them grow emotionally, socially, mentally, and spiritually.

Our Clinicians offer:

- Developmentally appropriate interventions
- Solution focused treatment
- Clinically sound assessments
- Collaborative treatment planning
- Relevant goal setting
- Relationally based therapy
- Interventions which are strategically chosen
- Play Therapy

Providing treatment for:

- ADHD
- Social Skills/ Peer Relations
 - School Based Problems
 - Conduct Disorder
- Oppositional Defiant Disorder
 - Eating Disorders
- Developmental Issues
 - Mood Disorders
 - Anxiety/ Stress
 - Bipolar Disorder
- Self Esteem Issues
 - Divorce
 - Grief and Loss
- Anxiety (general)
 - Anger issues
 - Parenting
- Blended Family Issues
- Conflict Resolution
 - Families in Crisis
 - Test Anxiety
- Character Building (anti bullying)
 - Depression

- Experiencing difficulty assimilating into their school setting?
- Having trouble “getting along” with other children?
- Getting angry too often and too easily?
- Acting disrespectful or defiant?
- Struggling with a short attention span or diagnoses with ADHD?
- In distress due to divorce or other family problems?
- Experiencing grief from a death or other loss?
- Lacking in self-confidence or having low self esteem?
- Excessively clingy or shy?
- Having nightmares or wetting the bed?
- Suffering from the effects of something traumatic that happened to them?
- A topic of stress, anxiety, or anger for you?

Our Counselors

Jessica Ives, LCPC, RPT
Stephanie Plitt, LCSW-C
Ann Marie Smith, LCSW-C

We can help.

