



SAFE HARBOR CHRISTIAN COUNSELING

PARTNERS IN HOPE. SOLUTIONS FOR LIFE.

Geriatric Assessment and Consultation Services

If you or someone you love is 65 or older, you may begin to notice an increase in forgetfulness. In most cases, this is not cause for alarm. However, there are times when memory and other cognitive difficulties signal a more serious problem. Our services provide a geriatric cognitive assessment and family consultation in order to help older adults access necessary services. This also includes family consultations focused on problem solving and decision making regarding independent living or transitioning to alternative living.

Services Consist of the Following Phases

Phase I

- Initial interview with patient and family member to discuss presenting issues
- Neuropsychological testing is administered to measure cognitive functions
- Testing is scored and summarized in report

Phase II

- Psychologist meets with family and patient to discuss results
- Results are also communicated to Primary Care Physician

Phase III

- Psychologist meets with family and patient for follow up planning, problem solving, etc. using the information obtained from the testing.



All 3 phases are covered by Medicare and sometimes secondary insurance covers applicable co-pays. Patients are responsible for co-payments and any charges not covered by insurance. To schedule an initial assessment, call 1-800-305-2089 and our intake staff will gladly check all insurance benefits and arrange an appointment for you. You can also visit our website at www.safeharbor1.com for additional information.



Dr. MacDougall is a Baltimore native who obtained her clinical psychology doctoral degree in 1994. She has been licensed to practice psychology in MD since 1996. She specializes in providing assessment and consultation services to older adults, their families, and other caregivers, as well as to their physicians.