### MENTAL STATUS EXAM

**Appearance**
- Dress: [ ] Appropriate [ ] Inappropriate
- Hygiene: [ ] Good [ ] Fair [ ] Poor
- Eye Contact: [ ] Appropriate [ ] Fair [ ] Poor

**Manifest Behavior**
- Cooperative: [ ]
- Oppositional: [ ]
- Passive: [ ]
- Hostile: [ ]
- Threatening: [ ]
- Attention Seeking: [ ]
- Guarded: [ ]
- Agitated: [ ]
- Fidgety: [ ]

- Psychomotor Retardation: [ ]
- Clearly Hyperactive: [ ]
- Slowed Activity: [ ]
- Tics Present: [ ]
- Shy: [ ]
- Intrusive: [ ]
- Age Appropriate: [ ]
- Restless: [ ]

**Speech**
- Normal Rate: [ ]
- Pressured: [ ]
- Excessively Slowed: [ ]
- Articulation Defect: [ ]
- Fluent: [ ]
- Normal Volume: [ ]
- Soft: [ ]
- Loud: [ ]

**Affect**
- Full Range: [ ]
- Anxious: [ ]
- Depressed: [ ]
- Labile: [ ]
- Hostile: [ ]
- Constricted: [ ]
- Blunt: [ ]
- Flat: [ ]
- Inappropriate: [ ]
- Appropriate: [ ]

**Mood**
(Patient’s Words), If applicable

**Thought Processes**
- Logical: [ ]
- Circumstantial: [ ]
- Tangential: [ ]
- Goal-Directed: [ ]
- Derailment: [ ]
- Blocking: [ ]

**Unusual Thought Content**
- Suicidal Ideation: [ ]
- Homicidal Ideation: [ ]
- Other: [ ]

**Perceptual Disturbances**
- Auditory: [ ]
- Visual: [ ]
- Somatic: [ ]
- Tactile: [ ]
- Illusions: [ ]
- Delusions: [ ]

**Sleep Disturbances**
- None: [ ]
- Mild: [ ]
- Moderate: [ ]
- Severe: [ ]

**Eating Habits**
- Normal: [ ]
- Abnormal: [ ]
- Severe problems: [ ]

**Attention**
- Age-Appropriate: [ ]
- Distractible: [ ]
- Concentration: [ ]
- Good: [ ]
- Fair: [ ]
- Severely Impaired: [ ]

**Insight/Judgment**
- Good: [ ]
- Fair: [ ]
- Poor: [ ]

**Other Reported Behavior:**
- Home: [ ]
- School/Work: [ ]
- Community: [ ]

**Substance Usage:**
Current: [ ]
Past: [ ]

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**PROGRESS NOTE:**

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**Interventions Used:**

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**Homework:**

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**Diagnosis:**

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**GAF:**

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**Counselor signature w/degree:**

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